

Procedures & Protocols

Meeting Street Academy



MSA CHARLESTON
OWLS

School Rules

We have 3 school rules. Let's review them together.

1. Ready

2. Respectful

3. Safe

SCHOOL RULES



WE ARE...

1

READY

2

RESPECTFUL

3

SAFE

WE ARE ON THE
PATH TO SUCCESS

You'll see these
signs posted
around the school!

Voice Level

Hallway-

- You are at a voice level zero in the hallway during school hours.

Cafeteria-

- ONLY your table should be able to hear you.
- Use your voice to show gratitude.
- The last five minutes of lunch are at a voice level zero.

Voice Levels

VOICE LEVEL THREE- Outside voice

VOICE LEVEL TWO- Table talk/ Group conversations

VOICE LEVEL ONE- Partner talk/ Personal conversations

VOICE LEVEL ZERO- No voices at all.

Entering our School Expectations

1. **Wait** in your car until a school staff member opens the car door for you.
2. **Go** to the cafeteria.
3. **Eat** breakfast if you're hungry, bars are taken up to the room.
4. If you're not hungry, **go straight** to your room at a voice level one.



Bathroom Expectations

- You may never use the restroom without an adult's permission.
- You may never take your bookbag into the restroom.
- Your voices should be off in the restroom unless absolutely necessary.
- Go in. Use the restroom. Go to class.



Cell Phones and Watches

1. If you have a cell phone in your backpack, it needs to be off.
2. If you're going to be a bus rider, cell phones are not allowed to be used on the bus, they must remain in book bags.
3. Smart watches are not allowed in our school. Even if you have it turned off, we will ask you to turn it in, and your parent can collect it from a building leader at the end of the day.



Uniform Expectations

| Article of Clothing | Permitted | Not Permitted |
|-----------------------------------|--|---|
| Tops | <ul style="list-style-type: none"> ● MSA uniform polo, t-shirt, long sleeve shirt, or sweatshirt ● Solid colored (black, gray, green, navy, white) long sleeve shirts can be worn under MSA t-shirts or polos. | <ul style="list-style-type: none"> ● Non MSA top polo, t-shirt, long sleeve or sweatshirt ● <i>Race t-shirts, hard work shirts, etc. are not part of uniform although they may have owl logo</i> ● <i>Long sleeves under uniform tops that are not solid black, gray, green, navy, or white.</i> |
| Bottoms | <ul style="list-style-type: none"> ● Khaki bottoms: shorts, skorts, pants, jumpers ● Leggings are allowed under shorts, dresses or skirts. Permitted colors are solid black, gray, green, navy & white only. ● Uniform sweatpants or PE shorts - permitted only for PreK - 1st Grade students. | <ul style="list-style-type: none"> ● Tights that are not solid in color, this includes fishnet. ● Sweatpants or PE shorts for 2nd grade and above. ● Leggings worn in place of uniform pants. |
| Closed-In or Covered Shoes | <ul style="list-style-type: none"> ● Sneakers ● Comfortable boots ● Our students have a lot of outside time, please make sure they are wearing sturdy shoes for PE and other activities* ● This includes shoelaces for Kinder-3rd grade if students can tie and untie their shoes. | <ul style="list-style-type: none"> ● Flip flops ● Sandals ● House shoes ● Slippers ● Crocs (classic, flip, slide, etc.) Note: Back strap is not equivalent to closed in. |

Uniform Expectations

| | | |
|---------------------------|--|--|
| Accessories | <ul style="list-style-type: none">● MSA recommends that students wear items that are not distracting to the learning environment.● Black, brown or navy belt recommended.● Sweaters & cardigans can be worn in class if they are solid black, green, gray, navy, white or denim.● Students are permitted to express themselves with fashionable socks as long as they are school appropriate and worn professionally. | <ul style="list-style-type: none">● Bandanas● excessive bracelets and/or hair scrunchies on wrist● sunglasses,● head bopper/antenna headbands |
| Outerwear | <ul style="list-style-type: none">● MSA recommends that students wear items that are not distracting to the learning environment.● Winter hats, hoods, scarves, gloves, and jackets can be worn to and from school and at recess.● Sweaters & cardigans can be worn in class if they are solid black, green, gray, navy, white or denim. | <ul style="list-style-type: none">● Hats, hoods, scarves, gloves, jackets worn in the building and/or classroom. |
| General Guidelines | <ul style="list-style-type: none">● Shorts and skirts following the closed fist rule (bottom of shorts or skirt should be longer than the extended arm with a clenched fist).● Leggings worn under full length bottoms. | <ul style="list-style-type: none">● Offensive logos, images or text● Large logos● Exposed midriffs● Leggings worn as pants minus coverup |

Supporting Our Teammates With Allergies

Because we are a community of respectful individuals, we are going to support our teammates that have a peanut allergy, tree nut allergy, and seafood allergy by not allowing these food items in our building.



Read your labels!

Look closely! PEANUTS on the ingredient list! I can't take this food to school.

Nutrition Facts

5 servings per container

Serving size 1 bar (23g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 5g 6%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 35mg 2%

Total Carbohydrate 11g 4%

Dietary Fiber 3g 11%

Total Sugars 4g

Includes 3g Added Sugars 6%

Protein 5g 10%

Vit. D 0mg 0% • Calcium 9mg 0%

Iron 0mg 0% • Potas. 86mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

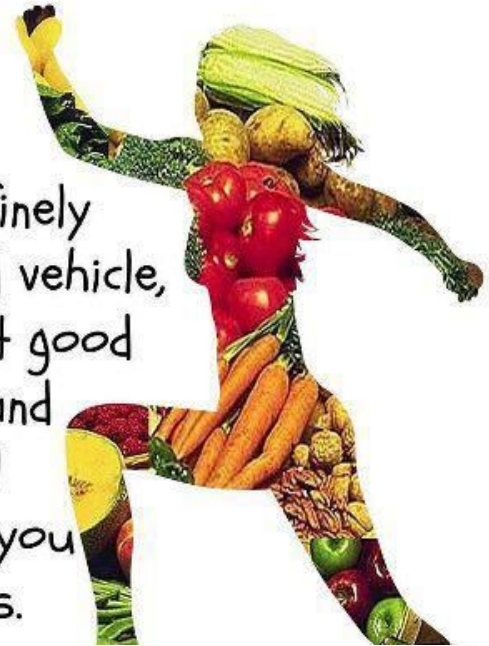
Ingredients: organic oats, peanuts, honey, peanut butter, tapioca fiber, egg whites, vanilla extract, sea salt.
contains: peanuts, eggs.



LUNCH BOX EXPECTATIONS

- Healthy options that give your brain energy to learn
- NO junk food or soda
- NO peanuts, tree nuts, or seafood for allergy purposes
- If you bring an item that is not allowed, it will be sent back home.
- After 3 times of bringing items that are not allowed, you will no longer be allowed to bring your own lunch.

Your body is a finely tuned vehicle, give it good fuel and it will take you places.

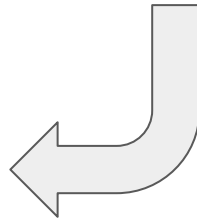


Lunch Box Examples

| <u>YES, YOU CAN BRING FOR LUNCH!</u> | <u>NO, LEAVE AT HOME!</u> |
|--------------------------------------|----------------------------------|
| FRUITS & VEGGIES | SODA & ENERGY DRINKS |
| TURKEY OR HAM SANDWICH | TAKIS, DORITOS, LAYS (JUNK FOOD) |
| JUICE BOX, GATORADE, WATER | CANDY OF ANY KIND |
| ENERGY BAR WITH NO NUTS | FAST FOOD |
| TRISCUITS, GOLD FISH, CHEEZ ITS | SEAFOOD |
| CHEESE & CRACKERS | NUTS or PEANUTS |

Water Bottle Expectations

1. Bring a water bottle to school to stay hydrated!
2. **ONLY WATER** can go in your water bottle.
3. If you put juice, soda, or anything else that isn't water in your your water bottle, then you will have to use a clear water bottle.



****For Teachers** Other Expectations to Discuss with Your Class**

- Transitions in the classroom (getting a pencil, getting water, getting a tissue, getting learning materials, etc.)
- If departmentalized, transitioning between classes.
- Line expectations
- Hallway expectations
- Class jobs
- Recess expectations & recess materials (lining up, getting water, bathroom)
- Independent work expectations
- Expectations during instructional time
- Silent signals
- Materials expectations
- Arrival & dismissal expectations
- Entering the classroom